



# 2024 Results for 50 Mile Ultra 22nd June

Race N.o	Name	Club	Start Time	CP1 11m	CP2 7.5m	CP3 10m	CP4 7.3m	CP5 8.3m	FINISH CLOCK TIMES 5.3m
20	Stefan Kozlowski		07:00	08:40	09:54	11:44	13:08	14:51	15:57:10
24	Arron Wright		07:00	08:33	09:45	11:43	13:08	15:01	16:17:19
17	Rachel Lee	Long Eaton Running Club	07:00	08:42	09:57	12:03	13:40	15:25	16:35:38
33	Craig Toon		08:00	09:37	10:53	12:45	14:22	16:44	17:54:11
11	Paul Woodgate	Caistor running club	07:00	08:42	09:58	12:03	13:41	15:41	17:09:57
10	Jamie Bell	Chesapeake Road Runners	06:01	07:48	09:11	11:16	13:06	15:19	16:39:21
3	Rosalind Owen		06:01	08:01	09:33	11:52	13:35	15:25	16:49:55
25	Adam Chamberlin		06:01	07:57	09:24	11:41	13:28	15:33	16:59:47
16	Mags Lewko-Brzeska		06:01	07:52	09:20	11:41	13:27	15:32	17:02:00
29	Jon Kojdic	Team Huub	06:01	07:55	09:25	11:38	13:36	15:45	17:02:59
13	Laura Wicks		06:01	08:01	09:33	12:04	13:46	15:51	17:16:38
4	Simon Cooper	Western Athletics Club	06:01	07:49	09:20	11:45	13:34	15:53	17:16:50
5	Matthew Phipps		07:00	08:48	10:13	12:39	14:36	16:54	18:22:56
6	Marc Finlay		07:00	08:48	10:13	12:38	14:36	16:50	18:22:57
7	Joe Rees	Sinfin Running Club	07:00	08:50	10:27	12:58	14:52	17:06	18:24:32
30	Richard Gray	Stilton Striders	06:01	07:57	09:28	11:50	13:41	15:58	17:32:20
19	Chris Newnham	Ampthill & Flitwick Flyers	07:00	08:43	10:08	12:57	14:51	17:08	18:40:24
2	Martin Sower	Sinfin Running Club	07:00	08:50	10:26	13:03	15:00	17:17	18:42:16
21	Shaun Cooper	Team Derby Runner	07:00	08:50	10:26	13:02	14:56	17:18	18:42:16
9	Andy Hoggard		07:00	08:50	10:26	13:02	14:52	17:08	18:50:30
31	Brendan Rice		06:01	07:52	09:20	11:42	13:40	16:07	17:54:40
28	Alisa Trubilina	Team Derby Runner	06:01	08:05	09:52	12:47	14:37	17:17	18:52:16
27	Dave Fawkner	Northbrook AC	06:01	08:01	09:50	12:34	14:37	17:06	18:53:59

Race N.o	Overall Position	Gender Position	Name	CP1 11m	CP2 7.5m	CP3 10m	CP4 7.3m	CP5 8.3m	Finish 5.3m	Total Time Taken Hr:Min
20	1	1	Stefan Kozlowski	01:40	01:14	01:49	01:23	01:43	01:05	08:57:10
24	2	2	Arron Wright	01:33	01:11	01:58	01:24	01:53	01:15	09:17:19
17	3	1	Rachel Lee	01:42	01:15	02:05	01:36	01:45	01:09	09:35:38
33	4	3	Craig Toon	01:37	01:16	01:51	01:36	02:22	01:09	09:54:11
11	5	4	Paul Woodgate	01:42	01:15	02:05	01:37	01:59	01:28	10:09:57
10	6	5	Jamie Bell	01:47	01:22	02:05	01:49	02:12	01:20	10:38:21
3	7	2	Rosalind Owen	02:00	01:31	02:18	01:43	01:49	01:24	10:48:55
25	8	6	Adam Chamberlin	01:56	01:26	02:17	01:46	02:05	01:25	10:58:47
16	9	3	Mags Lewko-Brzeska	01:51	01:27	02:21	01:45	02:05	01:29	11:01:00
29	10	7	Jon Kojdic	01:54	01:29	02:12	01:58	02:08	01:17	11:01:59
13	11	4	Laura Wicks	02:00	01:31	02:30	01:41	02:05	01:24	11:15:38
4	12	8	Simon Cooper	01:48	01:30	02:24	01:49	02:18	01:23	11:15:50
5	13	9	Matthew Phipps	01:48	01:25	02:25	01:57	02:17	01:28	11:22:56
6	14	10	Marc Finlay	01:48	01:24	02:25	01:57	02:13	01:32	11:22:57
7	15	11	Joe Rees	01:50	01:36	02:30	01:54	02:13	01:18	11:24:32
30	16	12	Richard Gray	01:56	01:31	02:22	01:50	02:17	01:33	11:31:20
19	17	13	Chris Newnham	01:43	01:24	02:49	01:53	02:16	01:32	11:40:24
2	18=	14=	Martin Sower	01:50	01:35	02:36	01:57	02:16	01:24	11:42:16
21	18=	14=	Shaun Cooper	01:50	01:35	02:36	01:54	02:21	01:23	11:42:16
9	20	16	Andy Hoggard	01:50	01:35	02:35	01:50	02:16	01:41	11:50:30
31	21	17	Brendan Rice	01:51	01:27	02:22	01:57	02:27	01:46	11:53:40
28	22	5	Alisa Trubilina	02:04	01:46	02:54	01:49	02:39	01:34	12:51:16
27	23	18	Dave Fawkner	02:00	01:49	02:43	02:03	02:28	01:47	12:52:59

14	Kirsten McConnell		06:01	08:03	09:50	12:32	14:37	17:13	RETIRED
12	Tricia Valentine		06:01	08:04	09:50	12:33	14:40	16:45	RETIRED
26	Jordan Martins		08:10	10:19	12:06	14:24	RETIRED		
18	Christopher Campbell		08:00	09:32	10:51	14:24	RETIRED		
23	Samuel Osei-Nimo		06:01	08:15	10:11	13:03	15:20	RETIRED	
15	Yasmin Greatorex Briggs		06:01	08:02	09:49	12:40	15:21	RETIRED	
22	Leonids Baharevs		07:00	08:54	RETIRED				

14			Kirsten McConnell	02:02	01:46	02:41	02:05	02:36	RETIRED	
12			Tricia Valentine	02:03	01:46	02:42	02:07	02:04	RETIRED	
26			Jordan Martins	02:09	01:46	02:18	RETIRED			
18			Christopher Campbell	01:32	01:18	03:32	RETIRED			
23			Samuel Osei-Nimo	02:14	01:55	02:51	02:17	RETIRED		
15			Yasmin Greatorex Briggs	02:01	01:46	02:50	02:40	RETIRED		
22			Leonids Baharevs	01:54	RETIRED					

### Course Records

Overall / Male Course record held from 2017 Christopher Bell 7hr:14

50m Ladies course record set 2018 Sonka Reimers 7hr:33



# 2024 Results for 50 km Ultra 22nd June

Race N.o	Name	Club	Start Time	CP1 11m	CP2 7.2m	CP3 8.2m	FINISH TIMES 5.25m
119	Ben Plummer	Long Eaton Running Club	09:00	10:07	10:53	12:06	13:04:16
120	Michael Bland	Long Eaton Running Club	09:00	10:17	11:07	12:13	13:07:15
117	Harry Obrien		09:00	10:17	11:08	12:16	13:10:22
101	Jordan Demuth-Pike		09:00	10:22	11:18	12:45	13:49:50
130	Owen Ledger	Mickleover Running Club	09:00	10:36	11:42	13:03	14:03:45
129	Glenn Riches	Long Eaton Running Club	09:00	10:22	11:27	13:09	14:13:07
128	Tom Pettit		09:00	10:41	11:56	13:35	14:44:30
126	Alice Dainty	Harborough Athletic Club	09:00	10:40	11:52	13:41	14:49:54
104	Tony Allen	Sinfin Running Club	09:00	10:43	11:53	13:39	14:51:45
127	Chris Harle		09:00	10:43	11:56	13:39	14:53:18
125	Meagan Milic	Mountain Goats (Mansfield)	09:00	10:48	12:03	13:45	14:53:23
118	Chris Hartmann-Lambert		09:00	10:43	11:57	13:48	15:09:55
131	Paul Clark	Team Derby Runner	09:00	10:37	11:51	14:02	15:20:12
124	William Eyre		09:00	10:43	12:00	13:58	15:25:35
115	Darren Knight	Chesapeake Road Runners	09:00	10:41	11:57	14:03	15:38:15
114	Fiona McIntyre	Team Derby Runner	09:00	10:48	12:09	14:09	15:38:38
122	Shaun Borrill		09:00	11:04	12:32	14:31	15:58:30
123	Joss Handley	Chesapeake Road Runners	09:00	11:06	12:47	14:57	16:20:57
108	Heather Scullion	Mickleover Joggers	09:00	11:06	12:50	15:07	16:44:43
113	Jen Downing	Mickleover Joggers	09:00	11:08	12:48	15:09	16:44:43
109	Lucy Astley	Mickleover Running Club	09:00	11:06	13:03	15:18	16:45:03
111	Vicky Sheil	Mickleover Running Club	09:00	11:11	12:50	15:15	16:45:03
112	Keren Jones	Mickleover Running Club	09:00	11:13	13:02	15:16	16:45:03
103	Darren Hayes		09:00	11:02	12:47	15:06	16:46:54
116	Laura Morle		09:00	11:15	12:59	15:19	17:02:15
106	Jo Franklin		09:00	11:09	13:00	15:27	17:11:28

Race N.o	Overall Position	Gender Position	Name	CP1 11m	CP2 7.2m	CP3 8.2m	FINISH 5.25m	Total Time
119	1	1	Ben Plummer	01:07	00:46	01:12	00:57	04:04:16
120	2	2	Michael Bland	01:17	00:50	01:05	00:53	04:07:15
117	3	3	Harry Obrien	01:17	00:51	01:07	00:53	04:10:22
101	4	4	Jordan Demuth-Pike	01:22	00:56	01:26	01:04	04:49:50
130	5	5	Owen Ledger	01:36	01:06	01:20	01:00	05:03:45
129	6	6	Glenn Riches	01:22	01:05	01:41	01:03	05:13:07
128	7	7	Tom Pettit	01:41	01:14	01:39	01:09	05:44:30
126	8	1	Alice Dainty	01:40	01:12	01:48	01:08	05:49:54
104	9	8	Tony Allen	01:43	01:10	01:45	01:12	05:51:45
127	10	9	Chris Harle	01:43	01:12	01:42	01:14	05:53:18
125	11	2	Meagan Milic	01:48	01:14	01:42	01:07	05:53:23
118	12	10	Chris Hartmann-Lambert	01:43	01:13	01:51	01:21	06:09:55
131	13	11	Paul Clark	01:37	01:13	02:10	01:17	06:20:12
124	14	12	William Eyre	01:43	01:17	01:58	01:26	06:25:35
115	15	13	Darren Knight	01:41	01:16	02:05	01:34	06:38:15
114	16	3	Fiona McIntyre	01:48	01:20	01:59	01:29	06:38:38
122	17	14	Shaun Borrill	02:04	01:27	01:59	01:27	06:58:30
123	18	15	Joss Handley	02:06	01:41	02:10	01:23	07:20:57
108	19=	4=	Heather Scullion	02:06	01:43	02:16	01:37	07:44:43
113	19=	4=	Jen Downing	02:08	01:39	02:20	01:35	07:44:43
109	21=	6=	Lucy Astley	02:06	01:56	02:14	01:26	07:45:03
111	21=	6=	Vicky Sheil	02:11	01:38	02:25	01:29	07:45:03
112	21=	6=	Keren Jones	02:13	01:49	02:13	01:29	07:45:03
103	24	16	Darren Hayes	02:02	01:44	02:18	01:40	07:46:54
116	25	9	Laura Morle	02:15	01:43	02:19	01:43	08:02:15
106	26	.	Jo Franklin	02:09	01:50	02:27	01:43	08:11:28

110	Tracey Griffiths	Erewash Valley RC	09:00	11:13	RETIRED		
-----	------------------	-------------------	-------	-------	---------	--	--

110			Tracey Griffiths	02:13	RETIRED		
-----	--	--	------------------	-------	---------	--	--

**Course Records**

50k Male record remains at 3hrs:42 set 2017 by Stephen Shanks.

Ladies record 2021 5:08 Kerstine Herbert



# 2024 Results for Relays 22nd June

Race N.o	Name	Start Time	CP1 11m	CP2 7.5m	CP3 10m	CP4 7.3m	CP5 8.3m	FINISH TIMES 5.3m
401	Ilkeston B	09:00	10:13	11:21	12:45	13:48	15:06	15:55
601	The Cow Creepers (LERC 1)	09:00	10:31	11:31	13:17	14:09	15:10	16:03
301	Ilkeston A	09:00	10:15	11:22	12:49	13:55	15:12	16:20
201	MRC Love birds two	09:00	10:14	11:22	13:15	14:43	16:05	17:08
801	Udder Madness (LERC 3)	09:00	10:33	11:40	13:33	14:56	16:16	17:19
701	Agony De Feet (LERC 2)	09:00	10:35	12:02	14:01	15:23	16:55	17:56
501	HPRC Johns Gang	06:01	08:18	10:31	12:42	14:07	15:47	17:24

Race N.o	Overall Position	Name	CP1 11m	CP2 7.5m	CP3 10m	CP4 7.3m	CP5 8.3m	FINISH TIMES 5.3m	Total Time Taken Hr:Min
401	1	Ilkeston B	01:13	01:08	01:23	01:03	01:17	00:49	06:55
601	2	The Cow Creepers (LERC 1)	01:31	01:00	01:46	00:52	01:00	00:53	07:03
301	3	Ilkeston A	01:15	01:06	01:26	01:06	01:17	01:07	07:20
201	4	MRC Love birds two	01:14	01:08	01:52	01:27	01:22	01:02	08:08
801	5	Udder Madness (LERC 3)	01:33	01:07	01:52	01:22	01:20	01:03	08:19
701	6	Agony De Feet (LERC 2)	01:35	01:27	01:58	01:22	01:32	01:00	08:56
501	7	HPRC Johns Gang	02:17	02:12	02:10	01:25	01:39	01:37	11:23

### Course Records

Team Relay Course record remains 2016 Erewash Valley RC 5HRS :51.